

At Complete Childcare, our practitioners know the importance of warm and friendly interactions on baby's development, and they find lots of opportunities to have a chat during the day.

We know that babies can hear inside the womb and by the time baby is born they will know your voice. They are already good communicators and will let you know if they want something from you. They will have different cries to show they are hungry or tired and will be interested in faces and your expressions.

At around 12 months of age, your baby will start using single words like dada and mama.

In the first five years, a baby's brain can learn new things faster than at any other time of life. After this, it becomes harder to learn new things. We can take advantage of this by exposing babies to a rich language environment from the very first day to set them up for success throughout their life.

It is never too early to read to your baby, so we have provided you with a book that you can share.

Find a quiet space and turn off the television or radio.

Start by looking at the pictures together and point to what you can see, naming the objects and animals. Soon baby will enjoy turning the pages.

Make animal noises or use funny voices. Your baby will love this! Get other people in the family to join in.

We hope you and your baby enjoy your book and that you continue to enjoy special reading time together. If you have any questions about your baby's language and speech development, please ask your Manager or contact your Health Visitor.